

News Release

FOR IMMEDIATE RELEASE

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Family Caregiver Support Group to start in Sooke

Victoria, B.C. – Have you heard the news? Families and caregivers for people with Alzheimer’s disease and other dementias will now have a new support group available to assist them on their journey throughout the various stages of the disease in Sooke, British Columbia.

“A caregiver often feels isolated as they care for a person with dementia”, says Christin Hillary, the Greater Victoria support and education coordinator for the not-for-profit Alzheimer Society of B.C. “Support groups help caregivers to connect with other family caregivers, share experiences, knowledge and practical ideas, as well as participate in a larger community of caregivers, completely free of cost.”

To register for the support group, or for more information, contact the Greater Victoria Alzheimer Resource Centre at 250-382-2052.

Recent studies have highlighted how Alzheimer’s disease and related dementias will affect Canadians in the near future. In B.C., more than 70,000 British Columbians are currently living with Alzheimer’s disease or a related dementia – nearly 10,000 of these individuals are under the age of 65. These statistics and many more, are available in the full report *Rising Tide: The Impact of Dementia on Canadian Society* (2010), available through the Alzheimer Society of B.C. website (www.alzheimerbc.org). You can also learn more about our expanded programming made possible by funding from the Ministry of Health Services.

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