



**FOR IMMEDIATE RELEASE**

Sept. 26, 2011

**Roadshow delivers extra education for caregivers in Fernie**

**Fernie, B.C.** – As care needs increase, caregivers can quickly become overwhelmed if they don't reach out for help. The Alzheimer Society of B.C. is supporting local caregivers by delivering its education programs directly to Fernie through an upcoming roadshow.

**Date:** Wednesday, Oct. 19

**Time:** 9 a.m. – 3:30 p.m.

**Location:** Park Place Lodge

Topics to be covered in the one-day conference are:

- Understanding the health care system and the role of Home and Community Care
- Accessing the services you need
- How will you know when it's time: recognizing the progression of dementia and signs that more care is needed
- Managing the transition to facility care
- Working with facility staff
- Advocacy and knowing your rights
- Emotional impacts of transitioning a family member into care
- Maintaining your relationship with your family member when they're living in a facility

Pre-registration is required for the event; deadline is Friday, Oct. 14.

Conference fee is \$20 per person.

Please make cheques payable to Interior Health Authority and send to:

Darryl Oakley  
Interior Health – Cranbrook Health Unit  
20 – 23<sup>rd</sup> Avenue S  
Cranbrook, BC  
V1C 5V1

Year-long, British Columbian families on the dementia journey can access support and education through:

- the Dementia Helpline (1-800-936-6033)
- monthly free teleworkshops
- by contacting the Alzheimer Society of B.C. Provincial Office at 1-800-667-3742

For more information go to [www.alzheimerbc.org](http://www.alzheimerbc.org)

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### **About the Alzheimer Society of B.C.**

The Alzheimer Society of B.C. provides a provincial network of support and education for families impacted by dementia and people concerned about memory loss. Communities across the province count on the Society for support services, information and education programs, advocacy to improve dementia care in B.C. and to fund research to find the causes and cures. As part of a national federation, the Society is a leading health authority on the disease in Canada.

### **Media contact:**

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