

FREE TELE-WORKSHOPS

In addition, those with Internet access can follow the PowerPoint slides online.

THURSDAY, MAY 31, 7 P.M.

UNDERSTANDING BEHAVIOUR

Changes in the brain due to Alzheimer's disease or another form of dementia often appear to us as changes in the person's behaviour. Caregivers will learn how to understand behaviour as a form of communication and explore strategies for determining what the person with dementia might be trying to communicate, finding ways to decrease the occurrence of behaviours that concern us and responding in supportive ways.



THURSDAY, JUNE 28, 7 P.M.

LONG DISTANCE CAREGIVING

Are you struggling with the challenges of providing care to someone with dementia from a distance? This workshop offers family caregivers the opportunity to learn strategies to better cope with the challenges of long-distance caregiving, including: assessing needs, identifying resources, maximizing visits, and sharing responsibilities with others..

How to Connect:

Phone:

1-866-994-7745

Participant pass code: 1122333

Website:

momentum.adobeconnect.com/alzheimerbc

Enter as a guest

To be added or removed from our mailing list please contact:
teleworkshop@alzheimerbc.org or call: 1-800-667-3742
(Hours of operation 8 a.m. to 4 p.m.)

Are you looking for information about dementia but are unable to attend in-person workshops? Tele-workshops are learning sessions designed for family caregivers. You participate by telephone.

If you have access to the Internet, you can also follow the slides online.

The workshops cover a wide range of caregiving topics and offer participants a chance to learn and to share with others in similar situations.